

The Lion Letter

October 2014 Edition



Powell's House Newsletter



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Upcoming Dates:

- ◆ October 10-13- Thanksgiving Long Weekend
- ◆ Thursday October 16th - Walkathon and All Boarder Outing
- ◆ November 3 and 5 - Parent/Teacher Interviews
- ◆ November 7 - 10 - November Long Weekend
- ◆ Monday November 24 - All Boarder Holiday Dinner

Your 2014-2015 House Council

Aidan Macdonell - Head of House

Hey everyone! My Name is Aidan Macdonell and I was born and raised in the great white north known as Canada. I have lived in Oakville for almost my entire life and came to Appleby College four years ago as a day student. I enjoy playing sports and performing in front of crowds. If you need help with anything or have any ideas you would like to add to improve the house! I am very excited for the school year and I firmly believe this is going to be a year to remember!



Harry Lau- Day Student Representative

My name is Harry Lau, and I'm pleased to be the Day Student Representative in the Powell's House Council for the 2014-2015 school year. I am an avid pianist, organist, and violinist, and my favorite academic subjects are Biology and Physics.



I hope to make this a great

year for both boarders and day students at Powell's, so if you have any ideas, questions, or concerns, please contact me. I look forward to getting to know all of you better over time, thank you!

Ben Hurst - Service and Sustainability

Hey I'm Ben Hurst I have lived in Canada my whole life. I have been at Appleby since grade 7 and this is my first year boarding since I am in grade 12. I love to race cars, play rugby, and play the drums. I am the service and sustainability leader for the house if you have any questions please feel free to knock on my door or send me an email. My room number is 118.



Arthur Wu- Intercultural Leader

Hello Everyone! My name is Arthur Wu, and I am the Intercultural Leader of Powell's House 2014-2015.



Throughout the year, I promote diversity and multiculturalism within the House. Hope that everyone can learn from each other's distinct cultural stories! Should you have any inquiries, feel free to come by anytime at Room 212.

Anthony Miele- Communications Coordinator

I am Anthony Miele, I will be the communications coordinator for this upcoming school year in Powell's House. I have been attending Appleby College since grade seven, and this is my first year boarding in residence. I am a member of the boys Varsity Basketball team. As communications coordinator my job is to ensure that I keep all boarders and day students in the loop with current and future events that will take place in Powell's House. Feel free to come talk to me about anything.



Cole Ouellette - Health and Wellness Representative/ Deck Captain

My name is Cole and I'm extremely happy to be a part of your house council this year. I am the Health & Wellness Leader for Powell's House as well as one of your Deck Cap-

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Homecoming and closed boarding weekends

Friday September 26th was the first of three closed nights/weekends for the boarders. During these nights all boarders are required to stay in residence. This is a great chance for the entire boarding community to come together and to participate in many fun activities. On Friday September 26th (Homecoming Weekend) the boarders took part in a House Trivia competition which was worth House Cup points. Kevin Samardzic and Cole Ouellette represented the house in fine form, answering all ten questions correctly; a feat which has never been accomplished by a Powell's boy. Follow-

ing the trivia competition all 275 boarders participated in the "Prefect Games." Powell's students participated in dance off competition, pass the hula-hoop and many more. The most memorable moment of the night was the Powell's versus Colley tug-of-war contest, where Colley house was on the verge of winning, however deep down somewhere the fourteen participants found a way to work together and pull their counterparts almost to the point of victory. This was a great display of reliance and grit by the boys.

Saturday morning kicked off with a pancake breakfast and another House Cup spirit competition. Once again, Powell's House was out in great display. Many of the boys participated in sporting or volunteering activities which were all very well received by the returning alumni.

The other closed weekends for the 2014-2015 school year are:

January 23rd and 24th – Friday night all boarders will be in Residence with a special event planned. Saturday it is "take a boarder home" where local boarders are encouraged to ask and take a long distance boarder home with them. They would then bring them back with them on Sunday for house meetings or dinner.

May 1st, May 2nd and Sun May 3rd. All boarders stay on campus for the entire weekend for a full weekend of fun activities.

We look forward to seeing you all out at these events. If you have any questions, please do not hesitate to ask Mr. Moores.

**Are you missing
your favorite
home cooked
dish?**

Missing some of those amazing home cooked meals? Or have a recipes that you want everyone to try? If so, you are at the right place and we need your help!

The Sodexo kitchen staff are asking for family recipes to serve throughout the school year. The possibilities are endless.

So, if you have a recipe which you

would like to share, please email it to



Mr. Moores at mmoores@appleby.on.ca and it will be submitted to the kitchen staff.

House Clothing

Got an idea for House Clothing this year? Morgan MacDonald is taking suggestions and willing to work with you to make sure you're wearing all of your Powell's gear. You can go and see him in person or you can email him at

(Morgan MacDonald - 2015163@appleby.on.ca)



Health Tip from Cole

Make sure to drink plenty of water. Sometimes your body might be dehydrated and get confused, sending signals to your brain that you are actually hungry, leading to over eating. Stay tuned to our next edition for another Health Tip.



Your 2014-2015 House Council (Con't)

tains down on first floor. My interests include running and playing rugby, as well as singing and acting on stage. I am an avid reader and if you ever want to talk, I love conversation and would love to hear from you. Looking forward to a great year!



Daniel Devlin - Deck Captain

Hi my name is Dan Devlin and

I'm excited to be one of the Deck Captains in Powell's this year. I'm in Senior 2 and this is my 6th year at Appleby. I've lived in Canada all my life and I play on the varsity hockey and rugby teams here at school. If you have any questions or just want to chat, feel free to talk to me any time or come find me in room 216. I'm looking forward to a great year!



Andrew Furlan - Deck Captain

Hi my name is Andrew Furlan, I have lived in Canada my entire life and I am a boarder and Deck Captain in Powell's House this year. This year will be my 6th year at Appleby College and my first year boarding, I play rugby and squash at school and I am looking forward to the year. If you have any questions about anything knock on



room 118 and ask me any-time.

Zuheir Chikh Al Sagha - Academic Representative

Hi my name is Zuheir Chikh Al Sagha. I was born in Jeddah, Saudi Arabia on June 4th 1997. During my time in Jeddah I went to an international school and at the age of 12 my family moved to Dubai, United Arab Emirates.



Last year was my first year at Appleby where I

attended as a day student. This year I am your Academics Representative and I will be helping you manage your time as well as academics. I am located in room 219 if you ever need any help with anything or even if you just want to talk. Let's make this year a good one!

Basil Awan - House Ambassador

Hey guys, my name is Basil Awan and I am this year's House Ambassador. I am originally from Pakistan but born

in Saudi Arabia and have moved a total of six times in three different countries only to move back to Saudi. Usually in my free time I like to hang out with friends or catch up on my favorite T.V. shows. Currently I am in Senior 1 and this my second year at Appleby which I am really looking forward to.

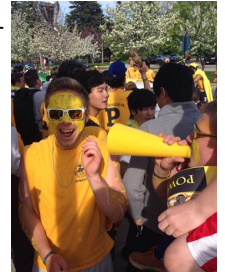


If you have any questions at all just come by room 119.

Morgan Macdonald - Deck Captain

Hi! My names Morgan MacDonald and I am from Prince Edward Island. I grew up on the island and came to Appleby in my grade 10 year to learn while playing hockey. I am a real athletic individual always looking to be involved. I have lived in residence for the past 3 years since I started attending Appleby! My role as a deck captain in house is to make sure

everybody has an unreal year and is comfortable coming to me about any problems they might have! I'm really excited for this year in Powell's house!



Powell's House Captures Appleby College's First Spirit Day!

On Monday September 15th, Appleby College was covered with house colours and spirit as it was the kick off for the first all school House Cup competition. With Aidan Macdonell along with the house council at the helm, the boys of Powell's House each showed amazing spirit, camaraderie and active engagement. Highlights of the day were, the pep rally in the gym during the all school assembly, the cup cakes at lunch and the ALS ice bucket challenge video. Thanks for an amazing day and let's keep the spirit throughout the entire year.





Powell's House

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We're on the web!

[www.appleby.on.ca/page.cfm?
p=1647](http://www.appleby.on.ca/page.cfm?p=1647)

Important Dates

- ◆ Thursday October 10– Monday 13– Thanksgiving Long Weekend
 - Residence closed - Thursday at 4:30pm
 - Residence re-opens—Monday at 7pm
 - * please note that each long weekend one of the four boarding houses will be open early. This information will be communicated to your son.
- ◆ Thursday October 16th - Walkathon and All Boarder Outing
- ◆ November 3 and 5 - Parent/Teacher Interviews
- ◆ November 7 - 10 - November Long Weekend
 - Residence closed - Thursday at 4:30pm
 - Residence re-opens—Monday at 7pm
- ◆ Monday November 24 - All Boarder Holiday Dinner
- ◆ Carol Services
 - Upper 1—Thursday November 27
 - Upper 2 - Friday November 28
 - Senior 1 - Saturday November 29
 - Senior 2 - Sunday November 30
- ◆ December Exam review days—Thursday December 4 and 5
- ◆ Exams —Saturday December 6 to Saturday December 13
- ◆ Boarding House closes for Winter Holidays - Saturday December 13
- ◆ Boarding House reopens Monday January 5
- ◆ Classes resume - Tuesday January 6