

Arena Fitness Studio Hours of Operation



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>8:00-9:00am Dan</p> <p>6:00 – 7:00 pm Nick</p> <p>9:00 – 10:00 pm Daniil</p>	<p>11:40am – 12:40pm Austin</p> <p>4:30 – 5:30pm Jade</p> <p>9:00 – 10:00 pm Janice</p>	<p>9:00 – 10:00 pm Ali</p>	<p>7:00-8:00am Yvonne</p> <p>11:40am – 12:40pm Jonathan</p> <p>6:00 – 7:00 pm Evan</p> <p>9:00 – 10:00 pm George</p>	<p>11:40am – 12:40pm Jonathan</p> <p>12:40 – 1:40 pm Leon</p>	<p>Students may only access the Arena Fitness Centre during times listed above & under the direct supervision of a Senior Fitness Monitor (SFM) or Faculty member.</p> <p>Names of seniors indicate the Senior Fitness Monitor (SFM) on Duty.</p> <p>SFM's are ready to coach students on how to use equipment and safety.</p>	

For safety reasons, please ensure that the key is only given to students who are listed above, and only on their assigned day/time.